

In-Person **MASTER CLASS**

Smart Moves 90-Minute Pilates Mat Master Class with Maria Earle



Maria Earle is known internationally for her warm and charismatic teaching style. She has worked extensively in the field of Pilates for 27 years, including the 14 years she mentored with Kathleen Stanford Grant.

Her roots are in classical Pilates, and she continues to innovate to help people feel happier and healthier. She believes that “good teaching becomes excellent when the teacher cultivates the pupil within”.



Sunday 9/1

10:30am - 12:00pm

Fee \$50

Join us for this 90-minute Pilates Mat Level II-III Master Class with Maria Earle, hosted at **MoBu Dance Studio, 1747 Church St., San Francisco** in Noe Valley.

Maria will guide you through a flowing Level II - III Mat class that will challenge and strengthen you. She combines skill-building techniques, concise cueing, and a keen eye for detail, perfected over her 27 years of teaching.

Start the fall filled with inspiration and vitality..



SIGN UP NOW

Scan or visit
<http://bit.ly/maria-sun>

Questions? Email us at
info@sanchezstreetstudios.com